

liisahiltunenpeacefulcounselling



CERTIFIED VICTIM SERVICES COUNSELLOR | NSW GOVERNMENT

COMPASSIONATE SUPPORT FOR INDIVIDUALS IMPACTED BY TRAUMA, CRIME AND CRISIS

As a NSW Government Certified Victim Services Counsellor, I provide compassionate, trauma-informed support to individuals affected by crime, abuse, violence, grief, and personal crisis. My goal is to create a safe, supportive, and confidential environment where clients feel heard, empowered, and supported throughout their healing journey.

If you are seeking compassionate, professional support, I welcome you to get in touch.

Services Offered

Victim Support Counselling and Professional Emotional Support

- Domestic and family violence
- Sexual assault and abuse
- Crime-related trauma
- Emotional and psychological abuse
- Stalking and harassment
- Sudden loss and traumatic grief
- Crisis and distress situations

Trauma-Informed Care

- Emotional safety
- Empowerment
- Trust and respect
- Recovery and resilience
- Compassionate listening and guidance

Crisis Support & Emotional Assistance, Advocacy & Guidance

- Anxiety and emotional overwhelm
- Fear, stress, and trauma responses
- Safety planning
- Coping strategies and emotional regulation
- Confidence rebuilding and personal empowerment
- Referrals to community services
- Guidance through difficult personal circumstances
- Support with recovery planning